

## Southwestern Endoscopy Center

### COLONOSCOPY 2-DAY PREP INSTRUCTIONS

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#### TWO DAYS PRIOR TO YOUR PROCEDURE:

- Begin clear liquid diet after your morning breakfast.
  - At **5pm** begin taking by mouth **1 bottle of Magnesium Citrate, 10 ounces** (you **MUST** drink entire bottle) (**SOLD OVER THE COUNTER**)
  - You are encouraged to drink fluids hourly until you go to bed.
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#### THE DAY PRIOR TO YOUR PROCEDURE:

- Continue clear liquid diet
- NO solid food, No alcohol, NO milk based products
- You are to follow the brochure instructions specific to the prep that has been prescribed for you (examples: Suprep, Nulytely, Golytely, or Miralax)

**\*\* IF YOU DID NOT RECEIVE A BROCHURE, PLEASE CONTACT OUR OFFICE AT 724-439-8906.**

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#### THE DAY OF YOUR PROCEDURE:

- Continue to follow the brochure instructions specific to the prep that has been prescribed for you.